

Breakfast, Lunch, and Snack Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	A.M.	Pancakes and Milk	Cereal and Milk	Yogurt and Cheerios	Bagel and Cream Cheese	Cinnamon Toast and Milk
	Lunch	Sloppy Joe, Bun Green Beans, Oranges	Chicken Bites, Crackers, Corn, Applesauce	Grilled Cheese Tomato Soup, Pineapple	Salisbury Steak Potatoes, Peaches	Meatballs & Rice Mixed Veg, Mixed Fruit
	P.M.	Goldfish Crackers, Juice	Cheez-Its, Juice	Vanilla Wafers, Juice	Animal Crackers, Juice	Crackers and Cheese
WEEK 2	A.M.	Cheese Toast	Oatmeal with Fruit	Cereal and Milk	French Toast and Milk	Cheese Biscuit
	Lunch	Baked Beefy Pasta Corn, Pineapple	Turkey Pita Broccoli, Peaches	Beef Stroganoff Peas, Oranges	Mac & Cheese Green Beans, Applesauce	Chicken Casserole Mixed Veg, Mixed Fruit
	P.M.	Graham Crackers, Juice	Chips & Salsa	Goldfish Crackers, Juice	Vanilla Wafer, Juice	Seasonal Fruit, Crackers
WEEK 3	A.M.	Bagel and Cream Cheese	Biscuit and Milk	Cinnamon Toast	Cereal and Milk	Waffles and Milk
	Lunch	Chicken Nuggets, Cracker Green Beans, Peaches	Beans & Rice Peas, Pineapple	Hamburger with Bun Carrots, Applesauce	Cheese Quesadilla Corn, Oranges	Meatball Sandwich Mixed Veg, Mixed Fruit
	P.M.	Animal Crackers, Juice	Fruit Bars	Graham Crackers, Juice	Wheat Thins, Juice	Crackers and Cheese

Breakfast is served with water or where indicated low-fat milk (whole milk for toddlers)

Lunch is served with low-fat milk (whole milk for toddlers)

Snack is served with water or where indicated clear 100% fruit juice (no added sugar or color)

All children, except vegetarians or those with allergies, must be served all listed beverages/food items

30-Dec	1	2-Mar	1	4-May	1	6-Jul	1	7-Sep	1	9-Nov	1
6-Jan	2	9-Mar	2	11-May	2	13-Jul	2	14-Sep	2	16-Nov	2
13-Jan	3	16-Mar	3	18-May	3	20-Jul	3	21-Sep	3	23-Nov	3
20-Jan	1	23-Mar	1	25-May	1	27-Jul	1	28-Sep	1	30-Nov	1
27-Jan	2	30-Mar	2	1-Jun	2	3-Aug	2	5-Oct	2	7-Dec	2
3-Feb	3	6-Apr	3	8-Jun	3	10-Aug	3	12-Oct	3	14-Dec	3
10-Feb	1	13-Apr	1	15-Jun	1	17-Aug	1	19-Oct	1	21-Dec	1
17-Feb	2	20-Apr	2	22-Jun	2	24-Aug	2	26-Oct	2	28-Dec	2
24-Feb	3	27-Apr	3	29-Jun	3	31-Aug	3	2-Nov	3	4-Jan	3

