

Breakfast, Lunch, and Snack Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	A.M.	Whole Grain Cereal, Milk	Bagel with Cream Cheese	Oatmeal with Fruit	Whole Grain Cereal, Milk	Pancakes, Milk
	Lunch	Chicken Casserole Green Beans, Oranges	Baked Beefy Pasta Corn, Pears	Grilled Cheese Peas, Applesauce	Chicken Nuggets, Cracker Carrots, Pineapple	Hamburger with Bun Mixed Veg, Mixed Fruit
	P.M.	Vanilla Wafers, Juice	Cheeze-Its, Juice	Salad, Croutons	Apple Slices, Cheddar	Seasonal Fruit, Crackers
WEEK 2	A.M.	Waffles, Milk	Cheese Toast	Cinnamon Roll, Milk	Yogurt with Cheerios	Whole Grain Cereal, Milk
	Lunch	Chicken Alfredo Pasta Corn, Oranges	Black Bean Tacos Salad, Pears	Meatballs & Rice Green Beans, Peaches	Grilled Chicken Sandwich Carrots, Pineapple	Salisbury Steak Mixed Veg, Mixed Fruit
	P.M.	Pretzels, Juice	Fruit Bar	Hummus and Pita	Graham Crackers, Juice	Sliced Cheese, Crackers
WEEK 3	A.M.	Pancakes, Milk	Oatmeal with Fruit	Bagel with Cream Cheese	Cinnamon Toast, Milk	Whole Grain Cereal, Milk
	Lunch	Meatball Sandwich Carrots, Pineapple	Beef Stroganoff Green Beans, Pineapple	Chicken Nuggets, Cracker Peas, Pears	Bean Casserole w/ Rice Corn, Peaches	Cheese Quesadilla Mixed Veg, Mixed Fruit
	P.M.	Salad, Croutons	Apple Slices, Cheddar	Vanilla Wafers, Juice	Cheeze-Its, Juice	Seasonal Fruit, Crackers
WEEK 4	A.M.	Cheese Toast	Whole Grain Cereal, Milk	Oat Granola, Yogurt	French Toast, Milk	Cottage Cheese, Fruit
	Lunch	Turkey Pita Corn, Oranges	BBQ Chicken, Cornbread Peas, Applesauce	Mac & Cheese Green Beans, Pineapple	Chicken Tacos, Cheese Salad, Peaches	Sloppy Joe, Bun Mixed Veg, Mixed Fruit
	P.M.	Chips & Salsa	Graham Crackers, Juice	Pretzels, Juice	Hummus, Rice Cake	Sliced Cheese, Crackers

- Breakfast is served with water or, if listed, low-fat milk (whole milk for toddlers)
- Lunch is served with low-fat milk (whole milk for toddlers)
- Snack is served with water or, if listed, clear 100% fruit juice (no added sugar or color)
- Infant/Toddlers will receive age-appropriate substitutions for snacks when needed.
- MENU NOTICE: While every effort will be made to serve menu items as listed, meals may be unexpectedly substituted due to supply-chain concerns that are beyond our control.

Menu Weeks			
3-Jan	1	4-Jul	3
10-Jan	2	11-Jul	4
17-Jan	3	18-Jul	1
24-Jan	4	25-Jul	2
31-Jan	1	1-Aug	3
7-Feb	2	8-Aug	4
14-Feb	3	15-Aug	1
21-Feb	4	22-Aug	2
28-Feb	1	29-Aug	3
7-Mar	2	5-Sep	4
14-Mar	3	12-Sep	1
21-Mar	4	19-Sep	2
28-Mar	1	26-Sep	3
4-Apr	2	3-Oct	4
11-Apr	3	10-Oct	1
18-Apr	4	17-Oct	2
25-Apr	1	24-Oct	3
2-May	2	31-Oct	4
9-May	3	7-Nov	1
16-May	4	14-Nov	2
23-May	1	21-Nov	3
30-May	2	28-Nov	4
6-Jun	3	5-Dec	1
13-Jun	4	12-Dec	2
20-Jun	1	19-Dec	3
27-Jun	2	26-Dec	4

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