

Breakfast, Lunch, and Snack Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	A.M.	Whole Grain Cereal, Milk	Bagel with Cream Cheese	Oatmeal with Fruit	Whole Grain Cereal, Milk	Pancakes, Milk
	Lunch	SunButter Sandwich Green Beans, Oranges	Chicken Nuggets, Cracker Carrots, Applesauce	Baked Beefy Pasta Corn, Pears	Grilled Cheese Tomato Soup, Peaches	Quesadillas Mixed Veg, Mixed Fruit
	P.M.	Vanilla Wafers, Juice	Cheeze-Its, Juice	Carrot Sticks, Ranch	Hummus, Rice Cake	Seasonal Fruit, Crackers
WEEK 2	A.M.	Waffles, Milk	Cheese Toast	Cinnamon Roll, Milk	Yogurt with Cheerios	Whole Grain Cereal, Milk
	Lunch	Chicken Alfredo Pasta Corn, Applesauce	Black Bean Tacos Salad, Pears	Meatballs & Rice Carrots, Pineapple	Grilled Chicken Sandwich Green Beans, Oranges	Salisbury Steak Mixed Veg, Mixed Fruit
	P.M.	Pretzels, Juice	Fruit Bar	Hummus and Pita	Graham Crackers, Juice	Sliced Cheese, Crackers
WEEK 3	A.M.	Pancakes, Milk	Oatmeal with Fruit	Bagel with Cream Cheese	Cinnamon Toast, Milk	Whole Grain Cereal, Milk
	Lunch	Hamburger with Bun Green Beans, Pears	Bean Casserole w/ Rice Corn, Peaches	Chicken Nuggets, Cracker Peas, Applesauce	Cheese Quesadilla Veggie Soup, Pineapple	SunButter Sandwich Mixed Veg, Mixed Fruit
	P.M.	Cheeze-Its, Juice	Carrot Sticks, Ranch	Vanilla Wafers, Juice	Animal Crackers, Juice	Seasonal Fruit, Crackers
WEEK 4	A.M.	Cheese Toast	Whole Grain Cereal, Milk	Oat Granola, Yogurt	French Toast, Milk	Blueberry Muffin, Milk
	Lunch	Turkey Pita Corn, Oranges	Chicken Tacos, Cheese Salad, Applesauce	Mac & Cheese Green Beans, Pineapple	Beef Ravioli Peas, Peaches	Chicken Casserole Mixed Veg, Mixed Fruit
	P.M.	Chips & Salsa	Graham Crackers, Juice	Pretzels, Juice	Hummus, Rice Cake	Sliced Cheese, Crackers

- Breakfast is served with water or, if listed, low-fat milk (whole milk for toddlers)
- Lunch is served with low-fat milk (whole milk for toddlers)
- Snack is served with water or, if listed, clear 100% fruit juice (no added sugar or color)
- Infant/Toddlers will receive age-appropriate substitutions for snacks when needed.
- MENU NOTICE: While every effort will be made to serve menu items as listed, meals may be unexpectedly substituted due to supply-chain conditions that are beyond our control.

Menu Weeks			
8-Jan	1	8-Jul	3
15-Jan	2	15-Jul	4
22-Jan	3	22-Jul	1
29-Jan	4	29-Jul	2
5-Feb	1	5-Aug	3
12-Feb	2	12-Aug	4
19-Feb	3	19-Aug	1
26-Feb	4	26-Aug	2
4-Mar	1	2-Sep	3
11-Mar	2	9-Sep	4
18-Mar	3	16-Sep	1
25-Mar	4	23-Sep	2
1-Apr	1	30-Sep	3
8-Apr	2	7-Oct	4
15-Apr	3	14-Oct	1
22-Apr	4	21-Oct	2
29-Apr	1	28-Oct	3
6-May	2	4-Nov	4
13-May	3	11-Nov	1
20-May	4	18-Nov	2
27-May	1	25-Nov	3
3-Jun	2	2-Dec	4
10-Jun	3	9-Dec	1
17-Jun	4	16-Dec	2
24-Jun	1	23-Dec	3
1-Jul	2	30-Dec	4